

Cumberland School District

Dear Parent:

A case of Chicken Pox has developed in your child's grade. Chicken Pox is a very contagious disease, it begins as a rash that turns into itchy, clear fluid-filled blisters. The blisters rapidly break and form a loose crust or red scab from scratching, slight bleeding may occur. It usually begins on the face, chest, and back and spreads to the rest of the body. The rash continues to erupt for 2-3 days.

If your child develops symptoms of fever, rash and fluid filled blisters, please keep him/her home. Consult your healthcare provider before giving any medications and report to the school. Avoid giving aspirin to children with Chicken Pox as this can cause Reye's Syndrome, a potentially fatal illness.

Chicken Pox is contagious from 1-2 days before the rash appears until all blisters have formed scabs, usually 5-7 days. Chicken Pox develops 10-21 days after exposure. Your child must be kept home from school until all lesions are crusted over, usually 5-6 days after the first blisters appear. **The crusts must be dry.**

Mrs. Kristin Olson, RN
School Nurse