

## Cumberland School District

Dear Parent:

A case of Fifth Disease has developed in your child's grade. Fifth Disease is a mild rash illness caused by a virus. First symptoms are normally mild and include fever, runny nose, and headache. After several days a red rash on the face may appear (slapped cheek rash). Within a couple of days the rash may spread to the back, buttocks, arms and legs. The rash may also be itchy, especially on the soles of the feet. Generally, the rash is gone in 7-10 days, but may come and go for several weeks. It can also have a lace-like appearance. Painful or swollen joints are also possible. Children who have these symptoms without any signs of illness or discomfort may stay in school.

Mrs. Kristin Olson, RN  
School Nurse