



Dear Parent/Guardian:

I hope the summer has been enjoyable for you. Here are a few reminders regarding student health that need to be addressed before school starts.

Immunizations:

Please be sure your children's immunizations are up to date prior to school starting. You can contact your clinic/provider for this information. Additional immunizations received during the school year should be reported to the school nurse as well.

Requirements for Kindergarten Students:

- 4 doses DTaP/DTP/DT
- 3 doses Polio
- 3 doses Hepatitis B
- 2 doses MMR
- 2 doses Varicella (chicken pox)

Evidence of immunity through lab testing of measles, mumps, rubella, varicella, and hepatitis B is also acceptable. If your child has had chicken pox, proof of illness from a healthcare provider will also be accepted. Parents choosing not to vaccinate their child will need to complete a waiver and return that to the school.

Requirement for Students Entering 6th Grade:

1 dose of Tdap (tetanus, diphtheria, and acellular pertussis).
If your child has received a tetanus-containing vaccine in the past five years, they are exempt from this requirement. Proof of either is necessary. Parents choosing not to vaccinate their child need to complete a waiver and return that to the school.

Medications:

Non-prescription medications must be provided by the parent in its original container. Tylenol, ibuprofen, Benadryl, etc. will NOT be provided by the school. All medication must be checked in and kept in the school office. Dosage requests from parents that are greater than package recommendations will not be administered without a doctor's order (see prescription medications). Medications will not be administered if they are not in their original container and written parent permission is not received. Paperwork is available in all school offices and on the website. There are also instructions on the website for parents to give consent for non-prescription medication only through PowerSchool.

Prescription medications must have a signed order from the health care provider and parent written permission before it can be administered. Medication must be in its original container from the pharmacy. At no time is a student to carry or administer their own medications without the proper paperwork and permission forms completed. Paperwork is available in all school offices and on the school website.

Medical Conditions:

Children with medical conditions such as diabetes, epilepsy, severe allergies, asthma, etc. that require additional supplies, need to have all necessary supplies and equipment to the school prior to the first day of school. Children with diabetes are encouraged to have a snack supply kept in the nurse's office to treat low blood sugar; in addition to a snack they keep close to them. It is also encouraged that Glucagon be kept at the

school. Please make sure all forms are complete and medication and testing supplies are at the school by the first day. Children with allergies that require an Epi-Pen need to supply their own pen for school. The pen and forms, including the physician form and and allergy plan, need to be to the school by the first day. Please inform the school of any new or changed health conditions. This information is very important in the daily care of your child. This information should be on the medical form but you can also call me if you have specific information you want shared.

Nurse Office Visits:

I am available at all schools daily. In the event of an emergency or medical need, I can be contacted immediately by staff and be at the needed location within minutes. When care is given to a child beyond minor cuts or scrapes, I will contact the parent/guardian by phone call or note, as deemed necessary. When it is determined that your child is ill enough to be sent home, you will be contacted by phone. Please make sure your contact information is up to date.

Illness/Absence:

Please contact the school office in the morning if your child will be absent and inform them why he/she will not be attending. If your child has been ill, he/she should be free of a temperature for 24 hours, without taking fever reducing medications before returning to school. If your child is diagnosed with any of the following communicable illnesses, please notify the nurse and follow the guidelines below before returning to school:

- Strep throat - 24 hours after first antibiotic dose and fever free
- Impetigo - 24 hours after first antibiotic dose or lesions are healed
- Chicken pox - 7 days or until all lesions are crusted
- Scabies/ringworm - 24 hours after treatment/first medication dose, and a medical doctor's note
- Pink eye/conjunctivitis - 24 hours after treatment is started
- Fifth's disease- fever - free for 24 hours and at healthcare provider discretion
- Hand, foot and mouth disease - fever free for 24 hours
- Head lice - after hair is treated, no live lice remain, no need to miss school

Screenings:

Vision, hearing and scoliosis screenings are completed at a variety of grade levels and for new students throughout the year. A dental clinic will also be available during the school year. Dates and additional information will be available in the newsletter, social media and school website.

Influenza:

Seasonal influenza shots will be available at school again this year through the Barron County Public Health Department. Information will be sent home with your child when the date is set.

I am looking forward to a safe and healthy school year. Please feel free to contact me anytime throughout the year if you have questions or concerns.



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