

NUTRITION COMMITTEE MEETING

MAY 22, 2014

MEMBERS PRESENT:

Kay Capra - School Nurse, Kathy Splett - UW Extension Educator, Gary Puig - Food Service Manager, Nancy Scharhag - Physical Education Teacher, Holly and Tierney Schramski – Parent and Student Elementary Reps, Jody and Dwight Griffith – Middle School Parent and Student Reps, Jeanette and Tia Olson – High School Parent and Student Reps., and Leslie Carlson – District Curriculum is absent due to illness.

DISCUSSION ITEMS:

1. Minutes of last years meeting were addressed. There were no additions or corrections.
2. Gary Puig gave us a brief summary of the school lunch
3. We are following the Smart Snacks suggestion list for the snacks offered at school. These are very helpful for students with allergies. A copy is posted outside the elementary office and parents can request a copy. Website has been in the District Newsletter.
4. The Nutrition Policy was reviewed. No changes were made at this time.
5. Teachers are not using food as a reward but we need to be vigilant about other groups selling in our district and try to discourage foods that do not meet our nutritional policy guidelines. It is difficult to always monitor but we all need to be vigilant. There is no soda/pop being sold in school but students do bring in their own at times. We will continue to monitor and discourage whenever possible. This is very hard to control but we need to be proactive.
6. The Girl Scouts, first, second and fourth grades are interested in using the school garden this year if the weather cooperates and we can get it going before school is out.

7. Kathy Splett and I are working on the HUSSC grant. It is a lot more time consuming than we anticipated but we are anticipating having it ready to go by the first week in June.
8. Round table discussion – There was a question about our latchkey after school snacks and whether they meet our nutritional policy requirements. Kay will check with the program.

The meeting was adjourned at 8:30.

Respectfully submitted,

Kay Capra R.N.
District School Nurse
Committee Chair