

Cumberland School District

Dear Parents:

A case of strep throat infection has developed in your child's grade. If your child does not appear well and develops any of the symptoms listed below, I encourage you to keep him/her at home and consult your healthcare provider for a throat culture (the only way to confirm a strep throat diagnosis).

SYMPTOMS OF STREP:

- *sore throat that usually starts quickly and can cause severe pain when swallowing.
- *fever
- *red, swollen tonsils, possibly with white patches
- *sandpaper-like rash on the body

Your child may return to school when they feel better and 24 hours after antibiotics were started. They also must be free of a fever for 24 hours. Children that have been exposed may continue in school under observation.

Mrs. Kristin Olson, RN
School Nurse